

Free Motion Quilting Intro

Supplies Needed

Sewing Machine with the ability to drop feed dogs

Free motion foot for your machine (or darning foot)

regular sewing thread - polyester

sewing machine bobbins

plain cotton fabric - muslin or solid cotton

small scissors for snipping threads

Flat extension table for your machine is preferred

Warm and Natural cotton quilt batting

Create quilt “sandwiches” by cutting fabric and batting into 14” squares -Layer fabric, batting and fabric together Make 3-4 sandwiches.